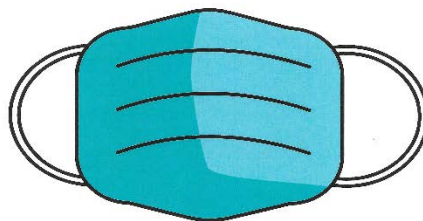




COVID-19 Operational Plan – Revised Sept 29/2021

The Fredericton Inn is dedicated to the health and safety of its patrons and staff during the COVID-19 pandemic. We feel it is of upmost importance that our staff and guests follow all guidelines provided by the department of health and Government of New Brunswick.

Whether we are welcoming a member of our staff or our patrons into the property it is mandatory that community face masks are worn in all indoor public spaces or outdoor public spaces as per the current phase of recovery.



Children under two are exempt from wearing masks,
as well as those with a medical condition that prevents
them from wearing masks.

[GNB.CA/LIVINGWITHCOVID19](https://www.gnb.ca/livingwithCOVID19)

New Brunswick
Brunswick



Self-Assessment Employee Pre-Screening

All employees are asked to read this document to ensure they are aware of the signs and symptoms of COVID-19 as we all have a role to play in the controlling the spread of the virus. If you are unwell you are advised to stay home and contact your supervisor a replacement will be found for your shift.

In accordance with Public Health guide-lines you are not permitted to work if you:

Required to self-isolated because of travel.

Been directed by a public health authority to self-isolate or quarantine within the last 14 days.

Are experiencing two or more of the symptoms listed in below, if so self-isolate and call 811 for direction.

Monitor your health for the following symptoms:



**If you start having symptoms, isolate yourself from others as quickly as possible and
IMMEDIATELY CALL TELECARE-811**

For the latest information visit: www.gnb.ca/coronavirus

New Brunswick
Brunswick



By entering the building, you agree that your answer to each question is NO as of the date and time you entered the workplace. When you sign in/ sign out for your scheduled shift, please follow this procedure:

- 1) Wear your community face mask, sanitize your hands.
- 2) Practice safe social distancing during your time on property.

Physical Distancing

All Frederickton Inn employees, patrons and members of the general public must be masked and follow all public health measures and mandatory order regulations.

Plexiglass barriers have been installed at our front desk and food and beverage outlets for the health and safety of our staff and patrons.

Personal Protective Equipment/ PPE

All employees of the Frederickton Inn were issued a community face mask as part of their uniform. All employees are responsible for washing and maintaining their community facemask. Gaiters or face shields do not replace the mandatory community face mask. Gloves are available for use but do not replace frequent handwashing or proper hand hygiene.

Hand and Respiratory Hygiene

All employees of the Frederickton Inn are to wash/ sanitize their hands at the following times:

- Prior to shift and end of shift.
- Before and after preparing food.
- Before and after eating.
- After using the washroom.



- After you cough or sneeze.
- Before and after using a community face mask.
- After handling cash or debit terminals.
- Use of a public access phone.
- Any high contact surfaces.

All washrooms have proper handwashing materials provided along with posted literature on proper handwashing and respiratory hygiene. Sanitizing stations are provided throughout the property and supplied with government approved sanitizer.

Public areas, entrances and elevators have literature posted providing guidance regarding: mandatory masks and proof of full vaccination in conference facilities and food and beverage outlets.

Conference facilities and Food and Beverage Outlets

The Fredericton Inn is committed to following all aspects of the public health measures and mandatory order regulations.

In order to access any of our food and beverage outlets or conference facilities our patrons must provide proof of full vaccination and provide a government issued ID. Patrons picking up food that are not congregating in the F&B outlets do not have to present proof of vaccination.

PROTECTIVE HEALTH MEASURES

Proof of vaccination required here.

This business is following measures outlined by Public Health. Visitors will be permitted entry with proof of vaccination or medical exemption.

What is accepted proof?

- MyHealthNB record
- Immunization record from an RHA clinic, pharmacy or Public Health
- Photo or copy of an immunization record
- Proof of vaccination from another jurisdiction

* Individuals who cannot receive a vaccine because of a medical exemption will be required to show proof of exemption signed by a health care provider.

Government issued ID is required (Driver's licence, birth certificate, Medicare card, etc.)

GNB.CA/LIVINGWITHCOVID19

Brunswick

PROTECTIVE HEALTH MEASURES

Proof of vaccination

Effective at 11:59 p.m. on September 21, every person accessing certain events, services and businesses, and anyone entering New Brunswick must show proof that they have been vaccinated with a full series of Health Canada-approved COVID-19 vaccines.*

Patrons will need to show proof of full vaccination whenever they access certain services, businesses and events, including:

- Businesses, public events and religious institutions that require masks to be worn
- Public facilities, government services and public events
- Any place where people are in close contact, and not wearing masks
- Public facilities, government services and public events
- Public facilities, government services and public events
- Public facilities, government services and public events

Patrons are required to:

- Show valid proof of vaccination (e.g., MyHealthNB record, immunization record from an RHA clinic, pharmacy or Public Health, photo or copy of an immunization record, proof of vaccination from another jurisdiction)
- Provide government issued ID (e.g., Driver's licence, birth certificate, Medicare card, etc.)

The following government issued ID showing the name of the person is required:

- Driver's licence
- Health card
- Other government issued photo identification

The following records showing the name of the person, the vaccine received and the dates the vaccine was administered will constitute proof:

- MyHealthNB record
- Immunization record from an RHA clinic, pharmacy or Public Health
- Photo or copy of an immunization record
- Proof of vaccination from another jurisdiction

Anyone who cannot receive a vaccine because of a medical exemption will be required to show proof of exemption signed by a health care provider.

Businesses and organizations are required to display this poster in a prominent location and post it on their website.

For more information, visit <https://www2.gov.nb.ca/gov2019/proof-of-vaccination>

Brunswick

PROTECTIVE HEALTH MEASURES

Where you will need proof of vaccination



Effective September 22, all individuals aged 12 and older will be required to provide proof of vaccination for access to some events, services, and businesses.



Restaurants, pubs, bars and nightclubs (indoor and outdoor)



Indoor festivals, performing arts and sporting events



Gyms, indoor group exercise, indoor pools, and recreation facilities



Indoor organized group recreational sports, activities and classes



Movie theatres



Amusement centres, pool halls, bowling alleys and casinos







Indoor organized gatherings like weddings, funerals, parties, conferences, and workshops



Visitors to long-term care homes



What is accepted proof?

-  MyHealthNB record
-  Immunization record from an RHA clinic, pharmacy or Public Health
-  Photo or copy of an immunization record
-  Proof of vaccination from another jurisdiction

* Individuals who cannot receive a vaccine because of a medical exemption will be required to show proof of exemption signed by a health care provider.

Government issued ID is required (Driver's licence, birth certificate, Medicare card, etc.)



Cleaning and Disinfection

All sanitizing throughout our property is being completed with government approved chemicals and at regular intervals.

Guest room cleaning protocols

- Housekeeping staff must:
 - Wash hands or use alcohol-based hand sanitizer before entering and after exiting a guestroom.
 - Discard all single use items either provided by the hotel or left by the guest.
 - Conduct targeted cleaning and disinfecting of high-touch surfaces such as tables, light switches, countertops, handles, desks, remote controls, phones, toilets, toilet flush handles, sink faucets, door handles, pens, and irons.
 - Wear disposable gloves when handling trash.
 - Wash hands with soap and water for at least 20 seconds immediately after handling waste.
 - If a guest is ill and isolating in their hotel room, discontinue all but essential housekeeping services to the room.

- Additional precautions should be taken for cleaning a room after a guest who has been ill has checked out of the hotel:
 - Do not let anyone enter the room previously occupied by the ill guest.
 - Wait at least 24 hours before you enter the room. If 24 hours is not feasible, wait as long as possible.
 - If possible, open outside doors and windows to increase air circulation as long as this does not create any additional safety hazards to staff or guests.
 - Thoroughly clean and disinfect the room, as stated above.

Guest room cleaning protocols- continued

- Carpeted areas should be cleaned using a vacuum equipped with a HEPA filter, if available.
- Once the room has been appropriately cleaned and disinfected, it can be opened for guest use.



Guest room cleaning protocols- continued

- Wash all hotel linens according to the manufacturer's label and dry on the highest setting possible. Allow items to dry completely before removing.
 - Staff should wear disposable gloves when handling dirty laundry. Wash hands immediately after removing gloves.
 - Do not shake dirty laundry.

Self-Isolating Guests

For our guests who have chosen our property for their Self-Isolation period, we wish to remind you that during your stay all government protocols concerning Self-Isolation must be followed.

Our housekeeping department will not be cleaning your room during this period of isolation, any requests you may have must be arranged with our front desk and said items will be safely left outside of your guest room door. Any garbage or linens that you need to be removed from your room must be bagged and placed outside of your guest room door for disposal. While in isolation you are not to leave your guest room to socialize or ask the housekeeping staff for supplies. We thank our guest for their continue diligence during these difficult times.

Appendix

ATTENTION



If you answer **'YES'** to any of the following questions, **DO NOT ENTER** this building. Please return home and self-isolate.

- Do you have TWO (2) of the following symptoms that are not related to a known pre-existing health condition (i.e., seasonal allergies)? If YES, you should be tested for COVID-19.



Fever



Cough (or worsening cough)



Diarrhea



Loss of sense of smell and taste



In children, purple markings on the fingers and toes



Runny nose



Sore throat



Muscle pain



Headache



Fatigue/exhaustion

- Have you been advised by Public Health, a health-care provider or a peace officer that you are currently required to self-isolate?
- Are you waiting for a COVID-19 test or COVID-19 test results AND have been told you need to self-isolate?
- Have you travelled outside of the Atlantic bubble in the past 14 days (unless exempt from self-isolation)?
- Has an individual in your household returned from outside of the Atlantic bubble in the past 14 days for any reason, and now someone within the household has developed one or more symptoms of COVID-19 as listed above?

If you answered **'NO'** to the above questions, **YOU MAY ENTER** the facility.

If you are experiencing any symptoms, you should get tested. You can register for a test online by clicking 'Get tested' on the GNB Coronavirus website, calling Tele-Care 811 or by contacting your primary health-care provider.

For the latest information visit: www.gnb.ca/coronavirus

BRUNSWICK

USE HAND SANITIZER

PROTECT YOURSELF AND OTHERS FROM GETTING SICK

When soap and water are not available, do the following:

UTILISEZ UN DÉSINFECTANT POUR LES MAINS

MESURES À PRENDRE POUR ÉVITER D'ÊTRE MALADE ET QUE D'AUTRES PERSONNES SOIENT MALADES

Lorsque vous n'avez pas accès à du savon et de l'eau, faites comme suit :

1

Dispense gel into hands.
Verser du désinfectant dans la main.



2

Rub together.
Frotter les mains ensemble.



3

Rub hands until dry.
Frotter les mains jusqu'à ce qu'elles soient sèches.



For the latest information visit:
Pour obtenir des renseignements à jour :

www.gnb.ca/coronavirus

BRUNSWICK

Coronavirus (COVID-19)

PUBLIC HEALTH ADVICE



PROTECT YOURSELF AND OTHERS FROM GETTING SICK BY

PHYSICAL DISTANCING



For more information, please visit:
GNB.CA/CORONAVIRUS



Physical Distancing in Elevators

PUBLIC HEALTH ADVICE



PROTECT YOURSELF AND OTHERS FROM GETTING SICK.



ONLY 2 PEOPLE
PER ELEVATOR TRIP PLEASE

For the latest information visit:
WWW.GNB.CA/CORONAVIRUS



Steps for Effective Hand Washing



USE OF A COMMUNITY FACE MASK TO HELP REDUCE THE SPREAD OF COVID-19

To help combat the community spread of COVID-19, **WEARING A COMMUNITY FACE MASK IS REQUIRED** in public when physical distancing can't be maintained. This measure is to protect people around the person wearing the face mask. In case they are infected but do not have symptoms.

Community face masks are not a substitute for proper hand hygiene or physical distancing. Continue to wash your hands frequently and stay at least 2 metres (6 feet) away from people, except those in your household.

HOW TO PUT ON YOUR MASK

It is important to understand that community masks have limitations and need to be used safely.



For the latest information visit:
GNB.CA/CORONAVIRUS

New Brunswick