

The Rail

Lunch Destination 11am to 2pm

Starters

Soup of the Day 7

Chef's choice served hot from the kettle

Maritime Chowder 19

Rich & creamy chowder brimming with haddock/ clams/ shrimp/ scallops.

From the Fields

Tossed Salad 11

Salad leaves/ tomato/ cucumber/ peppers/ choice of dressing

Add 4oz grilled chicken **6**/ 2 crispy chicken fingers **6**

Caesar Salad 13

Crisp romaine with bacon, parmesan cheese and croutons tossed in a creamy dressing.

Add 4oz grilled chicken **6**/ 2 crispy chicken fingers **6**

Favorites

Choose your side to complement your meal: fries/ Caesar salad/ tossed salad/ soup

English Style Fish & Chips

1pc 13 2pc 16

Atlantic haddock in a crisp beer batter served with fries.

Pan Fried Haddock 18.5

8oz Atlantic haddock fillet pan fried and presented with lemon and tartar sauce.

Crispy Chicken Finger Platter 16

3 Crispy chicken fingers with your choice of dipping sauce

Chicken Caesar Wrap 16

Crisp romaine, bacon, parmesan cheese with Caesar dressing in a grilled tortilla wrap.

With a 4oz grilled chicken breast or 2 crispy chicken fingers.

Mediterranean Vegetable Wrap 13

Creamy avocado, salad leaves, peppers, tomato and cucumber with feta & sundried tomato pesto in a grilled tortilla wrap.

Poutine 8

French Fries with Mozzarella Cheese and House-made Gravy

Steak Sandwich 22.5

Open face, 6oz AAA New York Strip, onion rings, served on garlic toast.

Baja Style Battered Fish Tacos 16

Two Soft Taco Shells, Beer Battered Haddock,

Shredded Cabbage, Red Onion, House-made Baja Sauce.

Burgers

Choose your side to complement your meal: fries/ Caesar salad/ tossed salad/ soup

Chicken Burger 17

Choose 4.5oz breaded chicken breast or 4oz grilled chicken breast, creamy poblano avocado ranch, iceberg lettuce, pickle.

Classic Burger

1/4 lb 13 1/2 lb 16.5

Traditional toppings: ketchup, mustard, relish, onion, lettuce and tomato.

Add cheese **3**/ Add bacon **3**

Beyond Meat Burger 20

4oz plant based patty, sauté onions & mushrooms, swiss cheese, battered onion rings, arugula, sundried pesto mayo.

All menu items do not include tax

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Our Sandwich Selection

Choose your side to complement your meal: fries/ Caesar salad/ tossed salad/ soup

Club Sandwich 17

Our triple decker sandwich comes loaded with turkey, bacon, lettuce, tomato, mayonnaise. Choice of bread.

The Rail's Own Beef Dip 15

Sliced oven roast beef served with the Rail's own dipping sauce on a grilled ciabatta bun.
Add swiss cheese or sautéed onions & mushrooms **3 each**

Smoked Meat Club 19

Grilled triple decker rye bread sandwich loaded with smoked meat, bacon, tomato, lettuce, slaw, swiss, wholegrain honey mustard.

Grilled Hawaiian Ham & Swiss Melt 15

Sliced ham, swiss cheese, grilled fresh pineapple with wholegrain honey mustard on a grilled brioche bun.

Rueben Sandwich 17

Montreal smoked meat, swiss cheese, sauerkraut & wholegrain honey mustard on grilled rye bread.

Hot Turkey Sandwich 15

Sliced roast turkey smothered in house made gravy.

Classic BLT 12

An old favorite of crisp bacon, iceberg lettuce, sliced tomato and mayonnaise, on toasted bread of your choice.

Cold Cut Sandwich 11

Sliced roast turkey, roast beef or black forest ham. With lettuce, sliced tomato, mayonnaise. Choice of bread.

Breakfast Selections Available until 2pm

The Rail Breakfast 13.5

2 eggs, choice of protein: 3 bacon strips or 2 ham slices or 3 sausage links, home fries, toast & jams.

The Grand Breakfast Sandwich 13.5

1 egg, cheese, 2 bacon strips, choice of second protein: ham or 2 sausage links, toasted brioche bun and home fries.

Toasted Western 13

2 eggs beaten with onion, ham and green peppers on your choice of toasted bread. Served with home fries.

The Rail's Own Eggs Benedict 15.5

2 poached eggs, Hollandaise sauce, griddled ham, toasted English muffin, home fries.

Sides		Drinks	
Sweet Potato Fries	8	Assorted Juice 7 oz	3
French Fries	5	Herbal Tea	4
Side Tossed Salad	4	Brewed Coffee/ Tea	3.75
Side Caesar Salad	6	Pop, Milk or Chocolate Milk	3
Onion Rings	7	Hot Chocolate	3
Gravy	1	House wine 5oz Red or White	8
Bacon or Cheese	2	Assorted domestic beers	6

Desserts 9

Please see your server for our daily selections.

Child's Lunch 10

Children 10 years and under

Choice of juice or milk or pop: apple, orange, cranberry.

Choice of main: hot dog/ hamburger/ 2 chicken fingers/ 1 piece of fish/ grilled cheese

Choice of 1 side: fries/ cup of soup/ garden salad/ carrot & celery sticks

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