

# The Rail

## Lunch Destination 11am to 2pm

### Starters

#### **Soup of the Day 7**

Chef's choice served hot from the kettle

#### **Maritime Chowder 19**

Rich & creamy chowder brimming with haddock/ clams/ shrimp/ scallops.

### From the Fields

#### **Tossed Salad 11**

Salad leaves/ tomato/ cucumber/ peppers/ choice of dressing

Add 4oz grilled chicken **6**/ 2 crispy chicken fingers **6**

#### **Caesar Salad 13**

Crisp romaine with bacon, parmesan cheese and croutons tossed in a creamy dressing.

Add 4oz grilled chicken **6**/ 2 crispy chicken fingers **6**

### Favorites

Choose your side to complement your meal: fries/ Caesar salad/ tossed salad/ soup

#### **English Style Fish & Chips**

1pc 13 2pc 16

Atlantic haddock in a crisp beer batter served with fries.

#### **Pan Fried Haddock 18.5**

8oz Atlantic haddock fillet pan fried and presented with lemon and tartar sauce.

#### **Crispy Chicken Finger Platter 16**

3 Crispy chicken fingers with your choice of dipping sauce

#### **Chicken Caesar Wrap 16**

Crisp romaine, bacon, parmesan cheese with Caesar dressing in a grilled tortilla wrap.

With a 4oz grilled chicken breast or 2 crispy chicken fingers.

#### **Mediterranean Vegetable Wrap 13**

Creamy avocado, salad leaves, peppers, tomato and cucumber with feta & sundried tomato pesto in a grilled tortilla wrap.

#### **Poutine 8**

French Fries with Mozzarella Cheese and House-made Gravy

#### **Steak Sandwich 22.5**

Open face, 6oz AAA New York Strip, onion rings, served on garlic toast.

#### **Baja Style Battered Fish Tacos 16**

Two Soft Taco Shells, Beer Battered Haddock, Shredded Cabbage, Red Onion, House-made Baja Sauce.

### Burgers

Choose your side to complement your meal: fries/ Caesar salad/ tossed salad/ soup

#### **Chicken Burger 17**

Choose 4.5oz breaded chicken breast or 4oz grilled chicken breast, creamy poblano avocado ranch, iceberg lettuce, pickle.

#### **Classic Burger**

1/4 lb 13 1/2 lb 16.5

Traditional toppings: ketchup, mustard, relish, onion, lettuce and tomato.

Add cheese **3**/ Add bacon **3**

#### **Beyond Meat Burger 20**

4oz plant based patty, sauté onions & mushrooms, swiss cheese, battered onion rings, arugula, sundried pesto mayo.

**All menu items do not include tax**

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### Our Sandwich Selection

Choose your side to complement your meal: fries/ Caesar salad/ tossed salad/ soup

#### **Club Sandwich 17**

Our triple decker sandwich comes loaded with turkey, bacon, lettuce, tomato, mayonnaise. Choice of bread.

#### **The Rail's Own Beef Dip 15**

Sliced oven roast beef served with the Rail's own dipping sauce on a grilled ciabatta bun.  
Add swiss cheese or sautéed onions & mushrooms **3 each**

#### **Smoked Meat Club 19**

Grilled triple decker rye bread sandwich loaded with smoked meat, bacon, tomato, lettuce, slaw, swiss, wholegrain honey mustard.

#### **Grilled Hawaiian Ham & Swiss Melt 15**

Sliced ham, swiss cheese, grilled fresh pineapple with wholegrain honey mustard on a grilled brioche bun.

#### **Rueben Sandwich 17**

Montreal smoked meat, swiss cheese, sauerkraut & wholegrain honey mustard on grilled rye bread.

#### **Hot Turkey Sandwich 15**

Sliced roast turkey smothered in house made gravy.

#### **Classic BLT 12**

An old favorite of crisp bacon, iceberg lettuce, sliced tomato and mayonnaise, on toasted bread of your choice.

#### **Cold Cut Sandwich 11**

Sliced roast turkey, roast beef or black forest ham. With lettuce, sliced tomato, mayonnaise. Choice of bread.

### Breakfast Selections Available until 2pm

#### **The Rail Breakfast 13.5**

2 eggs, choice of protein: 3 bacon strips or 2 ham slices or 3 sausage links, home fries, toast & jams.

#### **The Grand Breakfast Sandwich 13.5**

1 egg, cheese, 2 bacon strips, choice of second protein: ham or 2 sausage links, toasted brioche bun and home fries.

#### **Toasted Western 13**

2 eggs beaten with onion, ham and green peppers on your choice of toasted bread. Served with home fries.

#### **The Rail's Own Eggs Benedict 15.5**

2 poached eggs, Hollandaise sauce, griddled ham, toasted English muffin, home fries.

#### **Sides**

Sweet Potato Fries	<b>8</b>
French Fries	<b>5</b>
Side Tossed Salad	<b>4</b>
Side Caesar Salad	<b>6</b>
Onion Rings	<b>7</b>
Gravy	<b>1</b>
Bacon or Cheese	<b>2</b>

#### **Drinks**

Assorted Juice 7 oz	<b>3</b>
Herbal Tea	<b>4</b>
Brewed Coffee/ Tea	<b>3.75</b>
Pop, Milk or Chocolate Milk	<b>3</b>
Hot Chocolate	<b>3</b>

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